



CROWN HEIGHTS YOUTH FREE SUMMER SOCCER

All players are welcome
No experience necessary!



Join us to learn and play the beautiful game of soccer
SIGN UP NOW!
REGISTRATION IS ALWAYS OPEN!

Players learn soccer fundamentals and skills: agility, balance, coordination, passing, dribbling, and shooting with certified coaches. Fun Fitness! Build body and mind! Compete!

Hamilton Metz Park – Map below

Ages 5–14

High School Assistant Coaches Welcome!

Tuesdays: 2–6 pm (open field)

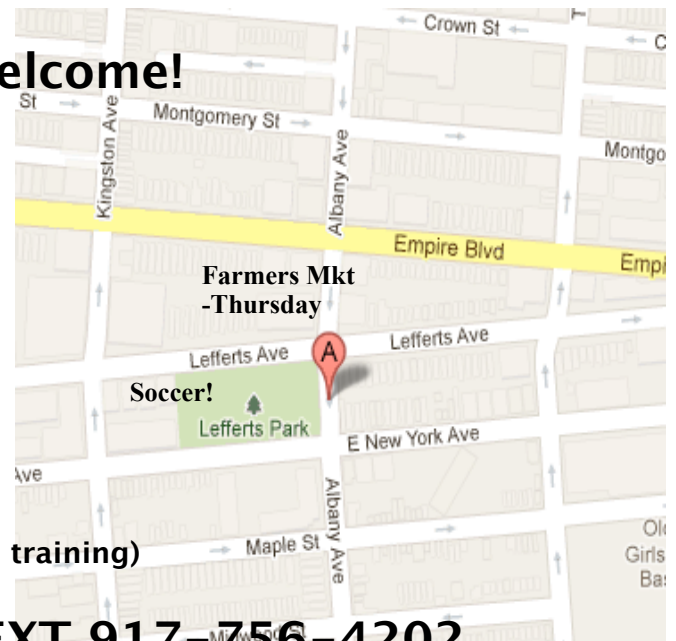
Thursdays: 2–6 pm (coach)

Adult Pick-up Games 6:30 pm – \$3 each

Coming soon!

Saturdays: 1:00–3:00 pm

Sundays: 3:00–5:00 pm (including adult training)



REGISTER TODAY! Info? CALL or TEXT 917-756-4202

Register at Crown Heights Farmers Markets:

Thursday 1–7 pm, Albany/Lefferts Aves. or

Friday 1–7 pm, Brower Park, Prospect Pl./Brooklyn Ave. near Children's Museum

Email: soccer@seedsinthemiddle.org LIKE US ON FACEBOOK – SEEDS IN THE MIDDLE

Parents:

All players must be registered. They can register at the Farmers Markets or go online to seedsinthemiddle.org. July 11-Aug. 31.

We seek to develop U-6, U-8, U-10, U-12 teams for the fall season. We seek dedicated youth soccer players. No experience necessary.

Players should come in comfortable clothes: t-shirts, shorts or sweatpants, sneakers, and shinguards, if possible. Bring a ball.

We will build endurance in body and mind. Each player will build his or her abilities to play soccer, but also do more jumping jacks, sit ups, run or walk farther & more activities. We are building healthy kids! No junk food allowed on field.

Players who show up consistently get a t-shirt and a free ball. Some days are open field. Others have coaches.

Donations accepted. Players who donate at least \$50 or sell at least \$100 in raffle tickets will get a uniform and free ball.

Players who demonstrate consistent dedication and model teamwork, positive behavior, cooperation and respect for coaches get prizes. We reserve the right to discontinue disruptive players who disrespect or disobey coaches and our staff.